

CAMPER PACKING LIST

Remember to label everything with your child's name!

CLOTHING & SHOES

- 15 T-Shirts
- 5 Shorts
- 5 Jeans/Pants/Sweatpants
- 3 Bathing Suits (no bikinis or speedo style)
- 1 Winter Hat
- 2 Baseball or Sun Hats
- 15 Pairs of Underwear
- 15 Pairs of Socks
- 4 Sweatshirts
- 4 Long Sleeve Shirts
- 1 Warm Jacket
- 2 Pajamas
- 2 Shabbat Outfits

(On Friday night, we invite everyone to wear clean, simple white clothing, such as a white shirt, blouse, or dress. On Saturday we dress in nice clean clothes of any color.)

- 1 Onesie (for Havdallah)
- 1 Sneakers
- 1 Sandals (Teva, Chacos, Keens)
- 1 Shower Shoes (flip flops ok)

RITUAL ITEMS (required for male identifying campers, optional for female identifying campers)

- 1 Tallit & Tefillin after B'nai Mitzvah
- 4 Kippot with Clips

MISCELLANEOUS

- 2 Water Bottles
- 1 Flashlight or Headlamp (and batteries)
- 1 Pair of Sunglasses
- 1 Daypack/Backpack
- 1 Watch
- Stationery, Pens, Stamps & Addresses
- Medication *(see Family Guidebook for packaging instructions)*
- 1 White T-Shirt for Tie Dye (100% Cotton)

OPTIONAL

Books & Magazines, Camera, End-of-bed shoe organizer, Battery operated clock, B'nai mitzvah materials, Wetsuit, Goggles, Quick-dry towel, Sun-protected shirt, Musical instruments.

If you use a weighted blanket or stuffed animal, noise cancelling headphones, specific fidgets, and/or any other items to help you be regulated and your best self at home, we strongly encourage you to bring these items to camp with you!

BEDDING & TOILETRIES

- 2 Sets of Twin Sheets
- 2 Pillow Cases
- 1 Pillow
- 1 Blanket
- 3 Bath Towels
- 2 Pool Towels
- 2 Face Towels
- 1 Laundry Bag (labeled)
- 1 Warm, packable sleeping bag
- 1 Plastic Toiletry Caddy
- 1 Brush/Comb
- 2 Toothbrushes & Toothpaste
- Toothbrush Holder
- Shampoo/Conditioner
- Sunscreen
- Soap Bar/Soap Dish or Body Wash
- Feminine hygiene products (if applicable)

OCEAN EXPLORATION

- 2 Sun-protected quick dry pants or shorts

OUTDOOR ADVENTURE

- Sturdy sneakers or shoes (for hiking, rock climbing, and biking)

RAMAH SPORTS ACADEMY

- 3 Dri-fit shirts (dark & light colors)
- 3 Sports Shorts
- 1 Bag to carry personal items & sports equipment
- 1 Cleats
- 1 Shin Guards
- 5 Soccer Socks
- 1 Basketball Sneakers
- 1 Tennis Ball

