

טֵבַע – Teva (Nature)

Leaders need to have a clear vision and direction for where they are going & leading. This is true both physically (like when we are hiking) & metaphorically.

When we are in the outdoors, a compass tells us which direction we are headed! Make your own compass with these simple steps.

כִּיעוּלָה: MAKE YOUR OWN COMPASS

1. First, magnetize a needle by stroking a bar magnet several times from the needle's eye to its tip. Don't rub the magnet back and forth across the needle.
2. Once your needle is magnetized, stick it lengthwise through a thin piece of cork (use the top 1/8-inch of a wine cork, if you have one).
3. Set the cork and needle in a nonmetallic bowl of water, and watch what happens. The needle should turn so that it faces in a north-south direction. If you have another compass, use it to check the accuracy of your magnetized needle.



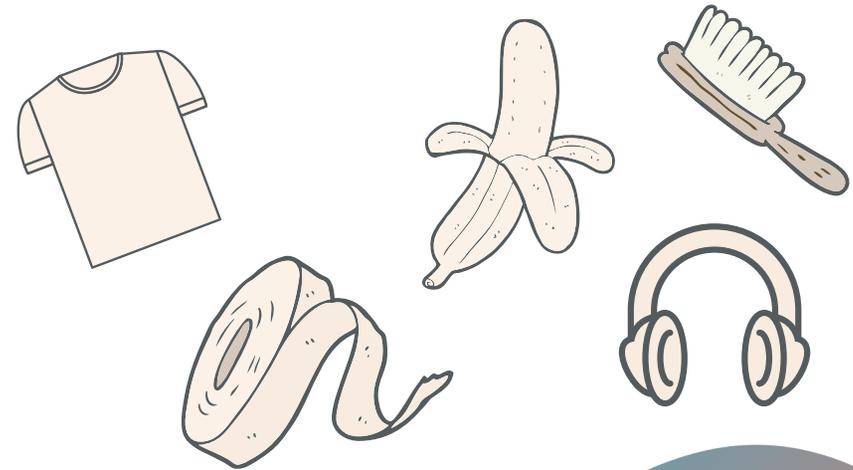
אָוּמָנִית – Omanut (Fine Arts)

Hanoch Piven is an Israeli artist who uses everyday objects to create artistic portraits. He creates connections between the objects and his portrait subject, including a number of world Leaders.

Explore Hanoch Piven's art at his website: pivenworld.com. Do you see any leaders you recognize? Do any of the objects he used in that portrait stand out to you? How do they help depict that person?

כִּיעוּלָה: PIVEN STYLE SELF PORTRAIT

Using what you have at home, anything from a roll of tape to a T-shirt, create a self portrait of yourself as a leader. What objects can you find to help depict yourself?



Yahadut (Judaism) - יהדות

Manhigut, leadership, can take many forms. A leader can be a mentor or teacher, or someone who is more behind the scenes. A leader can be someone who does a lot on their own, or someone who delegates to a team.

Jewish history has countless examples of leaders. Some are more famous than others, but each displays important leadership qualities!

LEADERSHIP MATCHING GAME: כְּעוּלָה

Match the leader to the fun fact about them!

| | |
|-----------------------------------|---|
| RUTH רוּת | A messenger of God, and a leader of the Israelite people, and someone who prioritized peace above war. If you are a Kohen you are related to this individual. |
| DAVID BEN CURION דוד בן גוריון | A prophet, a judge, and military advisor, this person was responsible for giving counsel to the Israelite military leader Barak, who ultimately led to the Israelites victory over the Philistines. |
| ANANUS אנאנוס | Known for their many acts of chesed, kindness or compassion, this person is often recognized as the first person to convert to Judaism. |
| DEVORAH דבורה | This person immigrated to Israel during Operation Moses, and as a member of the Israeli Knesset they led campaigns to fight injustice and discrimination felt by recent immigrants and the underprivileged. |
| AARON אהרן | This person is one of Israel's most famous musicians, and they are known for using their music to unify the country and celebrate the outcome of the 1967 Six-Day War. |
| NAOMI נעמי | This person believed that the only way to deal with anti-Semitism was to establish a Jewish state, and they are known as the founder of Modern Zionism. |
| NACHSHON נחשון | Although Moses is often given credit for splitting the Red Sea (aka the Sea of Reeds), this person showed bravery, courage, and faith in God, when they were the first to enter the sea. |
| THEODORE HERZL הרצל | One of the big players in the founding of the State of Israel, this person is known for taking on several projects that would develop the young State's economy and welfare. |

Kosheir (Fitness) - כושר

Being a leader takes resilience and perseverance - things might get difficult sometimes, but it is important to push through the difficulty!

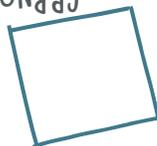
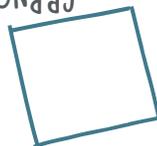
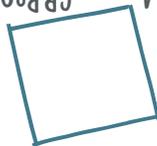
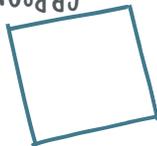
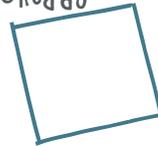
This week, set a goal for yourself and try to accomplish it by the end of the week. How much time do you need to dedicate to the goal each day?

LEARN A NEW SKILL! כְּעוּלָה

Set a goal that is challenging for you!

- Some examples include:
- Flexibility - touching your toes
- Coordination - learn how to juggle or do a cartwheel
- Balance - do a handstand or headstand
- Endurance - run or bike a specific distance

Mark down on this chart each day that you work on that goal. Can you work on it every day?

| | |
|--|---|
| SUNDAY  יום ראשון | MONDAY  יום שני |
| TUESDAY  יום שלישי | WEDNESDAY  יום רביעי |
| THURSDAY  יום חמישי | FRIDAY  יום שישי |

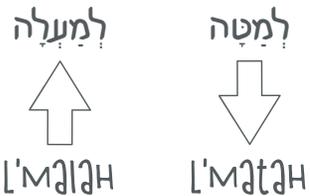
בריאות – Briyut (Health & Wellness)

Different leaders have different strengths, but all have one thing in common - other people follow them! Practice being a leader and get your body moving with a fun game of 'Simon Says' - or 'Shimon Omer'

In this role modeling exercise, test out your leadership skills as well as the listening skills of those around you.

שִׁמּוֹן אֹמֵר: כְּעוּלָה SHIMON OMER

Play a game of Simon Says - in Hebrew! Use these vocabulary words to get you started.



בישול – Bishul (Cooking)

No campfire, no problem - it's time to get creative! Instead of making s'mores the old fashioned way, use the heat of the bright shining summer sun to melt your chocolate and marshmallows.

Time to think outside the box and put your innovation to the test by turning an old pizza box into a solar oven. And just think, how cool will it be to enjoy a delicious snack that was cooked by the sun?!

שִׁמּוֹן אֹמֵר: כְּעוּלָה SOLAR OVEN SMORES!

Directions:

1. Cut an "oven door" flap into the top cover of the box.
2. Glue black construction paper to the bottom of the box (the dark color absorbs the heat)
3. Glue aluminum foil to the inside of the door (the foil reflects the sun into the oven) Tape the plastic over the opening of the door. This will allow the air inside the box to heat up but keep the heat trapped inside the box
4. Put s'mores inside the oven
5. Place your oven outside in the sun using a wooden skewer or stick to prop the lid open at an ideal angle for the foil to reflect the sun onto the s'mores
6. Wait until chocolate and marshmallows have melted Enjoy a delicious treat! :)

