

Dear Parents,

In our on-going commitment to meet the needs of our campers who require medication while at camp as well as comply with strict state regulations regarding medication dispensing for summer camps, we will continue to work with **CampMeds Inc.**, a pre-packaging medication program founded by a former camp nurse. *CampMeds* has been servicing the camping industry for the past 14 summers providing the convenient service of dispensing, packaging and shipping medications directly to summer camps.

Our policy and procedure for dispensing and administering medicine requires camp families to have **ALL** of your child's medicine dispensed by *CampMeds* and sent to camp prior to their arrival.

CampMeds will fill:

- **Prescription medication in pill form (daily and "as needed")**
- **Prescription medication in liquid form(daily and "as needed")**
- **Prescription nose sprays, eye/ear drops, inhalers and creams/ointments**
- **Non prescription items (OTC) such as allergy medication (daily and "as needed")**
- **Vitamins**-(for specialty vitamins/supplements, email CampMeds to confirm they can provide)

The exceptions are: Accutane, growth hormone, insulin, injections, birth control pill.

\*Our camp stocks most over the counter items such as Tylenol, Advil, Benadryl, etc. so there is no need to have *CampMeds* dispense typical OTC items. (Please refer to our camp information for a complete list of OTC items we stock)

Medications that are in pill form are individually packaged and sealed according to date and time of administration. Each individual packet may contain one or more pills prescribed to be given at the same time. This method of dispensing medicine during summer camp minimizes potential med errors, ensuring that every camper gets the correct medication and dosage, at the right time, on the right day. It also allows your children to return to their camp activities sooner, because administering meds that are pre-packaged and organized reduces their time spent in line waiting for meds! Our nurses now have more time to devote to your child's other healthcare needs.

Medication at camp is dispensed at mealtimes and bedtime. Only if medically necessary and a specific time are written on the prescription, will the meds be dispensed at a different time of day. You are responsible to check that your child's prescriptions are written exactly how and when the medication is to be given. For example, if the med is to be taken only as needed, the prescription must be written that way. If the med is to be the "brand drug", the prescription must be written with the words "Brand Name Necessary" or the generic will be dispensed

We want to be clear that we do expect **100% participation** from families with campers who will need medication while at camp. The only exception to this procedure is if *CampMeds* notifies us that they are unable to accept your insurance. If your camper does not take medication, you do not need to register with *CampMeds*.

If your camper will be taking medication at camp this summer, please read the following detailed letter, **important FAQ's** and visit their website, [www.campmeds.com](http://www.campmeds.com) for additional information and to register your camper.

We are confident that this program continues to help us achieve our primary goal; *the health, well-being and safety of your child.*

Dear Camp Parents,

Ramah in Northern CA will continue to work with **CampMeds Inc**, a pre-packaged medication program to dispense and package ALL of your child's medication for camp. Camp families are **required** to register with **CampMeds** if your child takes medicine while at camp. All pills will be dispensed and individually packaged in sealed packets labeled with your child's name, medicine, dosage, date and time to be given. Our system ensures that each camper receives their correct medicine at the right time of day. All medication will be shipped to camp prior to your child's arrival.

The **CampMeds** affiliated pharmacy will dispense **all prescription and non-prescription meds taken daily or as needed.**

**What you need to do:**

1. Register on [www.CampMeds.com](http://www.CampMeds.com) and Print receipt-you may register prior to obtaining prescriptions
2. Obtain original written prescriptions or Electronic prescriptions (E-scripts) prescribed for 30 day increments. If your child attends camp over 30 days, Rx's must have a refill.
3. Written Prescriptions-Complete med list page and forward to CampMeds with written prescriptions.
4. Electronic Prescriptions- Complete med list page noting "E-Scripts to follow" and forward to CampMeds. Pharmacy details regarding Electronic prescribing (E-scripts) will be printed with your registration receipt.
5. **Controlled Substances only:** If your child is staying longer than 30 days, law requires a new Rx for each 30 day supply. Two separate 30 day Rx's are required for Controlled Substances. Send all prescriptions together. We must receive the original Rx or electronic prescription from physician.
6. **IMPORTANT:** Prescriptions are filled as written. It is your responsibility to confirm the correct medication, dose and exactly how and when your child takes the medication as prescribed.
7. Write Camper ID # on top corner of prescriptions. \*Do NOT send us medicine, only the written RX.
8. Include a copy of both sides of your insurance/prescription card
9. Mail written prescriptions, registration receipt and copy of insurance card directly to:  
**CampMeds** PO Box 267037, Ft. Lauderdale, FL 33326-7037

**Fees:** There is a one-time registration fee for the entire summer which will be charged to your credit card immediately upon registration. **\*\*Fees are per camper, not RX, and do not include the cost of medicine.**

- **Fee for campers attending up to 30 days of camp is \$40 including shipping**
- **Fee for campers attending over 30 days of camp is \$50 including shipping**
- **NON-PILL MEDS ONLY** (liquids, inhalers etc.) a one- time \$30 per camper will be charged instead of above packaging fee.

**Deadlines: 30 Days Prior to Your Camper Start Date**

**A \$25 late fee** will be charged to your credit card if any of the items above are received after deadlines.

Please be aware that your credit card will be charged any additional shipping cost for medication prescribed after your child's initial medication and/or refills have been sent to camp.

**Email Notification:** You are notified by email when **CampMeds** receives your online registration, when your prescriptions are received and when meds are sent to camp. Contact us if you do not receive a confirming email within one week of sending prescriptions.

**Insurance/Prescription Meds:** The **CampMeds** pharmacy partner accepts most insurance plans. They will verify your insurance upon registration and submit to your plan once camp begins. You are responsible for all co-payments, deductibles, meds and written prescriptions not covered by your insurance. \* If the pharmacy is not a provider for your insurance, we will notify you to arrange alternative plans. All med charges will appear on your credit card statement from the Pharmacy usually after your child returns home.

**OTC Items and Meds Not Covered by Insurance:** Will be charged to your credit card by the Pharmacy.

Please refer to our website [www.CampMeds.com](http://www.CampMeds.com) for registration and important details. For questions contact **CampMeds** at 954-577-0025 or [info@CampMeds.com](mailto:info@CampMeds.com). **Please review the following important FAQ's.**

## ***CampMeds FREQUENTLY ASKED QUESTIONS***

### **1. Exactly which medications am I required to have *CampMeds* dispense?**

- All prescription and non-prescription meds and vitamins (taken daily and "as needed")  
*Except the following:* insulin, growth hormone injections, birth control pills, Accutane  
Most camps stock drugs such as Tylenol, Advil, Benadryl, etc; you do not need to have ***CampMeds*** dispense those typical items if they are only taken "as needed". Check with your camp to confirm the OTC meds they stock
- If your camper takes herbal/specialty vitamins, please contact ***CampMeds*** to determine if they can be packaged

### **2. How can I be sure the meds will be packaged exactly the way my child takes them?**

It is your responsibility to check that the written prescription is written correctly. If the med is to be taken daily, the prescription should be written for every day with the time of day, such as morning, with lunch, etc. If the med is to be given at bedtime, the prescription must specify. **If a prescription is written as "once a day" with no specific time, the medication will be packaged for the morning.** If the med is taken only "as needed" (PRN), the prescription must be written to specify only "as needed".

### **3. Do I need to register my child again if I registered last summer?**

Yes, you need to register for this summer and your child will be assigned a new Camper ID.

### **4. How can I ensure the meds will be covered by the *CampMeds* Pharmacy Partner?**

Be sure the prescriptions we are filling are written exactly the way your child has always taken the medication. Review the RX with your physician before sending to *CampMeds*. If a new medication OR dose is prescribed, contact your prescription plan to confirm the med and dose is covered for a 30 day supply.

### **5. Will the pharmacy accept my insurance?**

Our pharmacy partner is contracted with most insurance plans however, until you submit your online registration form with complete insurance information, your plan cannot be verified for billing. We will contact you if the pharmacy is not on your plan. You will not be required to participate in the ***CampMeds*** program if your insurance will not pay for medicine dispensed by our pharmacy. It is ***CampMeds*** responsibility to verify the pharmacy is a provider for your insurance plan. You will be responsible for co-pays, deductibles, written prescriptions and any over-the-counter requests not covered by insurance. If you have an insurance change, please fax the updated insurance card to *CampMeds* in order to avoid the credit card charges for the full cost of medication. All credit card charges from the pharmacy will appear as a separate charge **after** your child returns from camp.

### **6. Will my co-pay be the same from the *CampMeds* pharmacy?**

Our pharmacy partner will confirm that they are a participating provider for your insurance plan once you have registered at [www.campmeds.com](http://www.campmeds.com). This will ensure that your co-pays should be the same as you pay at your local pharmacy, but there are some insurance plans that do charge higher co-pay depending on which pharmacy fills the meds. Be sure to contact your plan to confirm your co-pays via the ***CampMeds*** Pharmacy. You will be notified if we are NOT a provider for your plan. Since we will NOT submit to your insurance until your child arrives at camp (a courtesy that enables refills prior to camp if needed), there is no way for the pharmacy to determine in advance if the medication your child will be prescribed and/or the dose that is prescribed, will be covered by your insurance, or if a prior authorization from the physician will be required for a particular medication prescribed. **It is your responsibility to contact your insurance to confirm all medication and dosages will be covered.** Please keep in mind that insurance plans change frequently, so it is a good idea to contact your prescription processor prior to mailing your child's prescriptions to ***CampMeds***.

### **7. What if I use a mail order pharmacy or have a 90-day prescription plan?**

Usually our pharmacy can only dispense a 30-day supply of meds. You will be responsible for 30 day co-pay determined by your insurance plan. After registering with ***CampMeds***, **we ask that you contact your member services to confirm the following:**

- Your RX plan is NOT mandatory mail order for the meds we will dispense
- Your Rx plan does not have any limitation on how many times you are allowed to fill outside your mail order plan
- What your 30 day co-pays will be for the meds
- We ask that you request a Vacation Override from your insurance company so our pharmacy can get paid when they submit to your insurance on the day camp begins. The camp start date will be the submitted fill date
- You will then need to ask your physician to write a 30 day prescription to send to us. (with refill if applicable)
- You will need to avoid refilling the med within 60 days of the camp start date, or you can request only the number of days needed until the start date of camp since that will be the date we will submit to your insurance. This will enable the pharmacy to process the medication thru your insurance when camp begins
- If your plan does not allow you to get 30 day prescription filled with our pharmacy, please email ***CampMeds***

### **8. Can you accept an Electronic Prescription directly from the physician? YES.** You will need to provide the physician with the Pharmacy Name that is listed on all of your automated emails and the *CampMeds* receipt that you print at the end of registration. All other paperwork (registration receipt and Med List Form) should be forwarded directly to *CampMeds*.

**9. What if my child's medication needs to be refilled while at camp?**

Medication prescribed for "daily" use is automatically refilled by our pharmacy and sent to camp for campers attending over 30 days. Prescriptions must be written with refills. (Except for Controlled Substances which require two separate 30 day Rx's) **PLEASE NOTE:** Refills will be billed 30 days after the initial billing. Do NOT refill your child's medicine while at camp. This will cause your insurance to reject our pharmacy claim submitted for your child's medication, and you will be charged full price for meds dispensed. Once your camper finishes any unused meds brought home from camp, along with any meds left at home prior to camp, you may then refill your child's medication. You will fall right back in to your refill cycle!

**10. How are "as needed" medicines packaged?**

**CampMeds** will pre-package "as needed" (PRN) medicine separately from daily meds. Your child will go to the nurse for these medications when he/she needs them and they will be refilled only if necessary. The camp nurse will contact **CampMeds** if a PRN med needs to be refilled. Unused meds will be sent home at the end of camp.

**11. What if I need to fill a prescription for my child before camp starts?**

You may refill your child's medication anytime before camp, if necessary. The pharmacy will not bill your insurance until camp begins, but, in order to help ensure that medications for camp will be covered by your plan, please request only the amount of medication needed at home before camp begins. The other option is to have your insurance put in an "override" for the CampMeds pharmacy for the start date of camp which is when the claim will be submitted to your insurance.

**12. I can only refill my child's medicine when he is down to his last pill. How can the pharmacy send the meds to camp before a refill is due?**

The pharmacy will dispense the meds and send to camp prior to your child's arrival, but will not submit to your insurance until the day your child begins camp. If necessary, the pharmacy will resubmit the claim form on the appropriate date for reimbursement if a vacation override is not given for the camp start date.

**13. Why don't you dispense meds for the exact days of camp, rather than in 30 day increments?**

Most insurance plans only reimburse for 30 days of meds/month, and you the insured, pay co-pay for each 30 day supply. When the Rx is written for less than a 30 day supply, your co-pay will cost the same as a 30 day supply. Refills should also be for the full 30 day supply, as unused meds are sent home from camp.

**14. Will non-prescriptions cost the same as I pay at my pharmacy?**

The pharmacy is competitive in pricing but there is no way to know if you will pay a few dollars more or less.

**15. Can a half of a pill be packaged? YES**

**16. My child takes a different dose of the same pill every other day. Can it be packaged that way? YES**

**17. Will the pharmacy dispense generic or brand?**

Unless the prescription is written with the words "**Brand Name Necessary,**" the pharmacy will dispense generic. It is your responsibility to confirm the prescription is written correctly.

**18. What if my child takes a "Controlled Substance" such as Concerta or Adderall?**

An original prescription is required. For campers staying more than 30 days, an additional prescription for a 30 day supply of meds is required. It is against the law for a "**controlled substance**" to be refilled. **Please send a separate prescription for every 30 day supply.** All prescriptions for the child's camp stay should be received by **CampMeds** at the same time. You may explain that we can accept two separate 30 day prescriptions written for the same date, but they will only be dispensed one month at a time. The physician may also write both prescriptions each with a different date. Please visit our website at [www.campmeds.com](http://www.campmeds.com) for a detailed letter you may give your physician on controlled substance prescriptions to be dispensed by the **CampMeds** pharmacy.

**19. What if my child is placed on a prescription or non-prescription daily medication after the deadline date to register and submit prescriptions has passed?**

**CampMeds** will always accommodate all campers at anytime. You may be asked to send your child with a small supply of meds as back up and the \$25 late fee will apply.

**20. What if my child requires a new medication while at camp?**

Our pharmacy will always send out any additional medication and/or dose change. You will be charged the shipping cost for any med change or if additional meds are ordered and sent to camp after your initial medication and/or refills have been sent

**21. When will the pharmacy charge me for my camper's medications?**

Since our pharmacy partner will not submit to your insurance until camp begins, you may not receive a charge on your credit card until two months after your camper returns home. Please notify us of any credit card changes during the summer.